



### Weekly Newsletter

**22nd October, 2016**

We had another perfect spring day for competition last Saturday. There were 267 athletes this week - slightly up from the first week. Once again set up was well attended, so thank you to all those who turned up to help. This week the weather is looking dicey. Please refer to the Wet Weather section later in the newsletter about what to do if it is raining Saturday morning.

Can we ask our returning members, athletes and parents alike, to be very welcoming and encouraging to our new athletes? Both our new parents and children might be very overwhelmed by what appears to be organised chaos on Mace Oval during competition days. Please take the time to show our newbies the ropes. Our club is renowned for its inclusive, relaxed and welcoming atmosphere. We'd like to see that continue this season. If any parents see children behaving in ways that goes against this, we ask that you please step in and stop any unwanted behaviour. Or point it out to a Team Manager or committee member.

A reminder this week of the dangers surrounding young athletes and running spikes. We had an incident last week where an U12 was somehow cut by spikes on his thigh. There was a fair amount of blood that needed to be cleaned up. Our U12's are just becoming used to wearing spikes this season, so please remind them to be mindful of what they are doing whilst wearing spikes. If they are finished competing for the day, it's a good idea to remove them. Also, please, no play jumping on the high jump mats when they are not in use, especially whilst wearing spikes.

Only those who have paid their registration fees will have a bib on Saturdays and be able to view results online. If you have decided to join the club, please be aware that for many, the 2 week trial period is now over. Please login and pay online, or pay us at the Registration tent this Saturday. Due to James Barrett's work commitments, if you had paid up by Tuesday afternoon this week, your child will be in the results system. He usually does this on Thursdays, so apologies if you paid after Tuesday afternoon. Rest assured there will be a bib for your child the following Saturday.

Finally, but very importantly, we have a VIP attending the club this Saturday. Dunkley MP Chris Crewther will be arriving at 8.45am to talk to us about the Federal government's commitment of \$2 million towards proper athletics facilities at Civic Reserve, Dunns Road, Mornington. To those who are on set up (see first point below), please ensure you arrive by 7.30am as we'd love to be ready before Chris arrives. If you haven't already heard, during the recent Federal election, the [Where Is Our Track](#) campaign, set up by concerned parents at the club, targeted the Liberal and Labor candidates for Dunkley. The visibility of the campaign on social media, and the amazing proposal put together by our now President Todd Martin were the main reasons the Liberals promised \$2m towards a track if they won. Chris has already had conversations with council about getting this project up and running since being sworn in. There is no time frame as yet, but we are hopeful the track will be built in the next 3 years. All our fundraising efforts in the next few seasons will be so we can contribute funds towards the club rooms that will be built with the track.

The key points to note this week are:

- Duty Roster
- Starter's needed this season
- Subway Regional Relays
- Jetstar U6-U8 State Carnival
- Uniforms
- Results HQ
- Parking

- **Dog policy** - please read
- Wet Weather
- Team App
- Facebook
- Weekly Program

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### **Duty Roster for Saturday 22nd October 2015**

Please note that we have 2 age groups rostered on to ensure that each duty is suitably attended.

Set up takes more than an hour and we really do need those rostered on to be there as required. The committee are always on hand but as we all know many hands make light work and it makes a world of difference to how the whole day runs when we can set-up on-time for the program to start, especially on the first morning of the season!

The following Age Groups are rostered on this weekend:

- Setup** : **Under 11 Boys** and **Under 8 Girls** (*please arrive by 7.30am*)
- BBQ** : **Open Girls** and **U6 Boys** (*from set up of the BBQ at 8.45 to pack-up and clean at the day's end*)
- Pack Up** : **Under 9 Girls** and **Under 10 Boys** (*concludes once the containers are locked up*)

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### **Starter's needed this season**

We are desperately needing more starter's this season. If you are prepared to travel to Berwick sometime in November (usually a Sunday) to complete the course, please contact Lisa Henry ASAP. If there is enough interest, the course in Berwick will go ahead. [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

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### **Subway Regional Relays**

This is the only team event in the season for our U9-U15's. An email will go out shortly asking if your child(ren) wish to compete. Please respond ASAP as our teams need to be submitted by October 31st! Only those athletes who have paid their registration fees by October 31st are eligible to compete. Training sessions will hopefully begin next week on Tuesday evening. Regional Relays is being held at Duncan McKinnon Reserve in Murrumbena this year on Saturday the 19th of November. The State Relay event is at Lakeside Stadium on December 17th. Please only put your child's name down if you can be present on **BOTH** of these dates. If one member of a team pulls out, the whole team is scratched.

Teams will be chosen based on times recorded this season only. We will endeavour to place all those who register their interest in at least 1 race on the day.

As per all Regional and State events our centre is allocated a number of duties to be completed over the day which we divide up between the parents of those children competing. Parents are required to either complete the duty allocated themselves or to find an alternative and let the club know who the alternative is.

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### **Jetstar U6-U8 State Carnival**

The Jetstar U6-U8 State Carnival is being held on the 21th of November at the Tom Kelly Athletics Track, Doncaster. It's the only State-wide event for our Under 6 to Under 8 athletes. It's a fun day with a carnival atmosphere which includes face painting, jumping castles and giveaways. Athletes will enjoy an educational experience with a focus on skills and technique development under the guidance of LAVic coaches. **Parents are encouraged to follow their children to each event. Places**

are restricted to **50 children in each age group and gender**. If you wish to register your child, or find out more information, click [here](#). Registrations close on November 21st at 11.59pm.

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## **Uniforms**

Uniforms and other club merchandise will be available for sale only at Mace Oval on each competition day at the big orange Registration/Merchandise tent. This year we are also selling Little Aths Victoria branded shorts. These will be compulsory for all athletes competing at Regional and State events from next season. With this in mind, we have limited sizes in stock for those athletes in the U9+ age groups. Tshirts - \$45, Singlets - \$45, Crop Tops - \$50, LA Vic shorts - \$25.

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## **Results HQ**

To view your child's results, you will need to log in to Results HQ. You will need to have paid the club registration fee to have access. The login details are a little confusing:

**Username:** Your family username is the email address you used to register your primary member with (usually your oldest child)

**Password:** Your password is the Login ID of your primary member when you log in to LA Vic.

You can view your whole family's results on one page, and also view all MLAC results. Tickets can be printed out to keep. We endeavour to have the results available by Sunday evening.

**If you have registered and paid by Thursday evening and there is no bib for your child, please talk to someone at the Registration tent.**

If you have any problems logging in, please contact Lisa Henry [lhenry@morningtonlittleaths.org](mailto:lhenry@morningtonlittleaths.org)

<https://www.resultshq.com.au/login>



## **Parking**

The beginning of the season is hectic and we would advise members to plan ahead and get to Mace well in advance of the 8:45am event start in order to find suitable parking.

Please note the following parking and drop-off guidelines which we have put in place for safety reasons:

- If you are dropping your child(ren) off in the car park, please **do not** stop just inside the gates. Drive around the car park circuit back towards the entrance and drop off on the car park side closest to the road. This avoids congestion at the entrance to Mace.
- **Do not park on Nepean Highway outside the entrance to Mace Oval.** It is a safety issue for cars turning out of the car park.
- The grass areas in the car park can be used for parking. If you have a 4WD vehicle, we ask you to park on the grass if possible to leave parks available for non 4WD cars.
- Once the Mace car park is full, please park up the hill, off street, beside Balcombe Grammar School. There is a pathway from there down the steps to the oval.

## **Dog Policy**

Please note that we have a strict **NO DOGS** policy on competition days. There have been a number of incidents and near misses over the past few years, plus we have a few athletes with dog allergies and those who are scared of dogs. We would greatly appreciate if you left your dogs at home.

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## **What happens in the event of Wet Weather/Extreme Heat**

When the weather forecast does not look great, the committee makes a decision by 8:00 a.m. on the morning of competition whether the competition day will go ahead or be cancelled. In the event of cancellation a notice will be posted on the following sites by 8:00 am:

**Website**            [www.morningtonlittleleaths.org](http://www.morningtonlittleleaths.org)  
**Facebook**        [www.facebook.com/mlac82](http://www.facebook.com/mlac82)  
**Twitter**            @mlac82  
**Team App**        [www.teamapp.com/](http://www.teamapp.com/)

We communicate with our members almost exclusively via electronic means. We will always email you important information, but it is also distributed via our Facebook page and Team App.

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### **Team App**

As with previous years, we will be utilising Team App to get information out to our members and their families about news and events around the centre. Download Team App (it's free!) from iTunes or the Play Store and search for Mornington Little Athletics.



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### **Facebook**

We also have a Facebook page filled with news and photos of our athletes. Make sure you "Like" it to see posts in your Newsfeed. If you do not wish to have your child's photo published, please send an email to our secretary Lisa Henry [lhenny@morningtonlittleleaths.org](mailto:lhenny@morningtonlittleleaths.org). She will endeavour to ensure your child's photos are never published.



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### **Weekly Program**

This week's program is Program 3 and can be downloaded by clicking [here](#) or find it on the club website.

If unsure of what to do on the day, or if you have any questions, please do not hesitate to contact us via email or by speaking to one of the committee members on Saturday mornings. They are easily identified in their bright orange polo shirts

Regards,

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